Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services

Excellus BCBS: BluePoint2

A nonprofit independent licensee of the BlueCross BlueShield Association

Coverage Period: 01/01/2025 - 12/31/2025

Coverage for: Family | Plan Type: POS

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-499-1275 or visit Our website at www.excellusbcbs.com. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at www.cciio.cms.gov or www.healthcare.gov/sbc-glossary or call 1-800-499-1275 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	Out-of-Network: \$500 Individual/\$1,000 Two Person/\$1,500 Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u>
Are there services covered before you meet your deductible?	Yes, <u>Preventive Care</u>	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other <u>deductibles</u> for specific services?	No	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket limit</u> for this <u>plan</u> ?	\$4,200 Individual/\$8,400 Two Person/ \$12,600 Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit?</u>	Costs for penalties for failure to obtain preauthorization for services, premiums, balance billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a network provider?	Yes. See www.excellusbcbs.com or call 1-800-499-1275 for a list of <u>network</u> <u>providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist?</u>	No	You can see the <u>specialist</u> you choose without a <u>referral</u> .

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

,		What You Will Pay		Limitations Founding 0.00	
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	\$15 <u>Copay/</u> visit	20% <u>Coinsurance</u>	- None	
16	<u>Specialist</u> visit	\$15 <u>Copay/</u> visit	20% <u>Coinsurance</u>		
If you visit a health care provider's office or clinic	Preventive care/screening/ immunization	Adult Physical: No Charge Adult Immunizations: No Charge Well Child Visit: No Charge	Adult Physical: Not Covered Adult Immunizations: Not Covered Well Child Visit: 20% Coinsurance	You may have to pay for services that aren't preventive. As your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.1 Exam per year	
	<u>Diagnostic test</u> (x-ray, blood work)	X-Ray: \$15 <u>Copay/</u> visit Blood Work: No Charge	X-Ray: 20% <u>Coinsurance</u> Blood Work: 20% <u>Coinsurance</u>	None	
If you have a test	Imaging (CT/PET scans, MRIs)	\$15 <u>Copay/</u> visit	20% Coinsurance		
If you need drugs to treat your illness or condition	Tier 1 (Generic drugs)	\$5/prescription retail, \$15/ prescription mail order	Not Covered	Covers up to a 30-day supply (retail); 90-day supply (mail	
More information about prescription drug coverage	Tier 2 (Preferred brand drugs)	\$20/prescription retail, \$60/ prescription mail order	Not Covered	order)/prescription Preauthorization required for certain prescription drugs. If	
is available at www.excellusbcbs.com/rxlist	Tier 3 (Non-preferred brand drugs)	\$35/prescription retail, \$105/ prescription mail order	Not Covered	you don't get a <u>preauthorization</u> , you must pay the entire cost and submit a claim to us for reimbursement.	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	No Charge	20% Coinsurance	None	
surgery	Physician/surgeon fees	\$15/surgery <u>Copay</u>	20% <u>Coinsurance</u>		
	Emergency room care	\$50 <u>Copay/</u> visit	\$50 <u>Copay/</u> visit	None	
If you need immediate medical attention	Emergency medical transportation	\$25 <u>Copay/</u> visit	\$25 <u>Copay/</u> visit <u>Deductible</u> does not apply	None	
medical accention	<u>Urgent care</u>	\$25 <u>Copay/</u> visit	\$25 <u>Copay/</u> visit <u>Deductible</u> does not apply	None	
	Facility fee (e.g., hospital room)	No Charge	20% Coinsurance	None	
If you have a hospital stay	Physician/surgeon fees	No Charge	20% Coinsurance	None	
If you need mental health,	Outpatient services	\$15 <u>Copay</u> /visit	20% <u>Coinsurance</u>		
behavioral health, or substance abuse services	Inpatient services	No Charge	20% <u>Coinsurance</u>	None	
If you are pregnant	Office visits	No Charge	20% <u>Coinsurance</u>	<u>Cost sharing</u> does not apply for <u>preventive services</u> .	

^{*} For more information about limitations and exceptions, see <u>plan</u> or policy document at www.excellusbcbs.com

		What You Will Pay		Limitations Franchisms Cohlanders	
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Childbirth/delivery professional services	No Charge	20% <u>Coinsurance</u>	- None	
	Childbirth/delivery facility services	No Charge	20% Coinsurance		
	Home health care	No Charge	20% <u>Coinsurance</u>	<u>Deductible</u> is limited to \$50 Out-of-Network	
If you need help recovering	Rehabilitation services	\$15 <u>Copay</u> /visit	20% Coinsurance	30 Visits per year limit	
or have other special	<u>Habilitation services</u>	\$15 <u>Copay</u> /visit	20% Coinsurance	30 Visits per year limit	
health needs	Skilled nursing care	No Charge	20% Coinsurance	120 Days per year limit	
	<u>Durable medical equipment</u>	20% Coinsurance	Not Covered	None	
	Hospice services	No Charge	20% Coinsurance	Family bereavement counseling limited to 5 Visits per year	
	Children's eye exam	\$15 <u>Copay</u> /visit	Not Covered	1 Exam per calendar year	
If your child needs dental	Children's glasses	20% Coinsurance	Not Covered	1 Pair per calendar year	
or eye care	Children's dental check-up	Not Covered	Not Covered	None	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

Cosmetic surgery

Dental care (Adult)

Dental care (Child)

Long-term care

Private-duty nursing

Routine foot care

Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Acupuncture

Bariatric surgery

• Chiropractic care

Hearing aids

• Infertility treatment

• Non-emergency care when traveling outside the U.S.

Routine eye care (Adult)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the phone number on Your ID card or www.excellusbcbs.com; Department of Labor's Employee Benefits Security

^{*} For more information about limitations and exceptions, see plan or policy document at www.excellusbcbs.com

Administration at 1-866-444-EBSA (3272) or www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa; New York State Department of Financial Services Consumer Assistance Unit at 1-800-342-3736 or www.dfs.ny.gov. Additionally, a consumer assistance program can help you file your appeal. Contact the Consumer Assistance Program at 1-888-614-5400, or e-mail cha@cssny.org or www.communityhealthadvocates.org. A list of states with Consumer Assistance Programs is available at: https://www.dol.gov/sites/dolgov/files/EBSA/laws-and-regulations/laws/affordable-care-act/foremployers-and-advisers/consumer-assistance-programs.doc and www.cms.gov/CCIIO/Resources/Consumer-Assistance-Grants.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

-----To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is I	laving a	Baby
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(9 months of in-network pre-natal care and a hospital delivery)

The <u>plan's</u> overall <u>deductible</u>	\$0
<u>Copayment</u>	\$15
Hospital (facility) <u>copayment</u>	\$0
Other <u>coinsurance</u>	20%

This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (*ultrasounds and blood work*)
Specialist visit (*anesthesia*)

Total Example Cost

In this example, Peg would pay:		
Cost Sharing		
<u>Deductibles</u>	\$0	
Copayments	\$30	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$90	

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

The <u>plan's</u> overall <u>deductible</u>	\$0
<u>Copayment</u>	\$15
Hospital (facility) <u>copayment</u>	\$0
Other coinsurance	20%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs
Durable medical equipment (alucose meter)

Total Example Cost	\$5,600

In this example, Joe would pay:

\$12,700

Cost Sharing	
<u>Deductibles</u>	\$0
Copayments	\$740
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$20
The total Joe would pay is	\$760

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

The <u>plan's</u> overall <u>dec</u>	<u>luctible</u> \$0
Copayment	\$15
Hospital (facility) <u>cop</u>	<u>ayment</u> \$0
Other coinsurance	20%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

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•	Total Example Cost	\$2,800

In this example, Mia would pay:

Cost Sharing		
<u>Deductibles</u>	\$0	
<u>Copayments</u>	\$150	
<u>Coinsurance</u>	\$50	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is		

Notice of Nondiscrimination

race, color, national origin, age, disability, or sex. The Health Plan does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex Our Health Plan complies with federal civil rights laws. We do not discriminate on the basis of

The Health Plan:

- with us, such as: Provides free aids and services to people with disabilities to communicate effectively
- Qualified sign language interpreters
- 0 Written information in other formats (large print, audio, accessible electronic formats, other formats)
- as: Provides free language services to people whose primary language is not English, such
- Qualified interpreters
- Information written in other languages

If you need these services, please refer to the enclosed document for ways to reach us

another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: If you believe that the Health Plan has failed to provide these services or discriminated in

Advocacy Department

Attn: Civil Rights Coordinator

PO Box 4717

Syracuse, NY 13221

Telephone number: 1-800-614-6575

TTY number: 1-800-421-1220

Fax: 315-671-6656

Health Plan's Civil Rights Coordinator is available to help you. You can file a grievance in person or by mail or fax. If you need help filing a grievance, the

Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at: You can also file a civil rights complaint with the U.S. Department of Health and Human

U.S. Department of Health and Human Services

200 Independence Avenue, SW

Room 509F, HHH Building

Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

enclosed document for ways to reach us. Attention: If you speak English free language help is available to you. Please refer to the

Consulte el documento adjunto para ver las formas en que puede comunicarse con nosotros. Atención: Si habla español, contamos con ayuda gratuita de idiomas disponible para usted.

注意:如果您说中文,我们可为您提供免费的语言协助。 请参见随附的文件以获取我们的联系方式。

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gratuita. Per sapere come ottenerla, consultate il documento allegato. Attenzione: Se la vostra lingua parlata è l'italiano, potete usufruire di assistenza linguistica

אויפמערקזאם: אויב איר רעדט אידיש, איז אומזיסטע שפראך הילף אוועילעבל פאר אייך ביטע רעפערירט צום בייגעלייגטן דאקומענט צו זען אופנים זיך צו פארבינדן מיט אונז.

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załączony dokument w celu uzyskania informacji na temat sposobów kontaktu z nami. Uwaga: jeśli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Patrz

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Consultez le document ci-joint pour savoir comment nous joindre Remarque: si vous parlez français, une assistance linguistique gratuite vous est proposée

نوٹ: اگر آپ اردو بولتے ہیں تو آپ کے لیے زبان کی مفت مدد دستیاب ہے۔ ہم سے رابطہ کرنے طریقوں کے لیے منسلک دستاویز ملاحظہ کریں۔

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bashkëlidhur për mënyra se si të na kontaktoni. Kujdes: Nëse flisni shqip, ju ofrohet ndihmë gjuhësore falas. Drejtojuni dokumentit